

Our learning at Busy Beacons this week

The warmer weather this week brought a smile to everyone's faces! We have spent some time outside in the sunshine, performing on the stage listening to our favourite nursery rhymes from the speaker. We pulled up chairs to watch our friends sing and dance, clapping at the end of the performance. We used blocks together to build a castle and were careful to balance the blocks on top of each other so they did not fall. We had fun with messy play, exploring shaving foam with our hands, and pushing cars through the foam, which we found quite tricky! We also enjoyed some water play, washing the babies with sponges and bubbles and splashing around.

Personal, Social and Emotional Development

Whilst at nursery, we encourage all children to develop a strong sense of identity and self as an individual, as all children are different.

Children may begin to:

- Respond to their name when called
- Show an interest in mirror play, noticing themselves
- Developing their own preferences (e.g. food, toys, activities)
- Show separation anxiety as they become more aware of themselves as separate individuals
- Be aware of and interested in others and their play
- Show confidence towards other, risk-taking, trying new things and asking adults for help

Birth to 5 Matters, 'PSED: Sense of self, pp. 59-61.





Menu

Thank you for your patience and understanding with mealtimes. As the children have settled, we are learning their likes and dislikes when it comes to food and will devise a menu based on their preferences. Each week, you will find the menu for the following week in the newsletter. Please see below for next week's menu:

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Cereals Toast (with jam, butter)				
Morning snack	Fresh fruit / veg sticks Rice cakes	Fresh fruit / veg sticks Yoghurt	Fresh fruit / veg sticks	Fresh fruit / veg sticks	Fresh fruit / veg sticks
Lunch	Lasagne Garlic bread Salad Mince Cheesy mash Yoghurt & fruit coulis Allergens: (G, Mk, E)	White rice Piri piri chicken wraps Mixed veg Salad Rice pudding with jam Allergens: (Mk)	Meatballs Rosti potato bites Salad Banana & custard Allergens: (G, Mk, E)	Jacket potato with choice of toppings (tuna, chicken, beans, cheese) Broccoli Yoghurt & fruit coulis Allergens: (F, Mk, E)	Chips Beans Vegetable fingers Fish fingers Pancakes & fruit Allergens: (G, E)
Afternoon snack	Fresh fruit / veg sticks Crackers with cream cheese	Fresh fruit / veg sticks Rice cakes	Fresh fruit / veg sticks Yoghurt	Fresh fruit / veg sticks Veggie crisps	Fresh fruit / veg sticks Yoghurt
Tea	Cheese on toast Fresh fruit	Pizza Fresh fruit	Ham/ cheese sandwich Fresh fruit	Beans on toast Fresh fruit	Pizza Fresh fruit
Allergens G = Gluten Mk = Milk E = Egg F = Fish					

If you require breakfast and/or tea for your child/ren, please let a member of the nursery staff know in the morning. Breakfast is served from 7.30-8.30am and tea is served from 4.30pm.

Danielle, Patricia, and Pauline

REMINDERS

- Please remember to provide plenty of spare clothes for your child, as mealtimes and play can get messy!
- As we are expecting some warmer weather next week, please provide a hat for your child for outdoor play and also sun cream if you would like this to be applied throughout the day.

Many thanks for your patience and understanding as always, and if you have any questions or queries, please speak to a member of the Nursery team. We hope you have a lovely weekend in the sunshine!